

Squad	Day	Date	SWIM TIMES	Parent on Deck	Signature - Incident
A/Ajnr	MONDAY	Nov-15	5 - 6 AM	JAMIE O'KEEFFE	
C2 Helena/Manuela	MONDAY	Nov-15	3.45 - 4.30	EVAN FINUCANE	
C Squad	MONDAY	Nov-15	4.30 - 5.15 PM	DAISY REID	
C2 Squad Sarah Jane	MONDAY	Nov-15	5.15 - 6 PM	LAUREN POONOOSAMY	
C1/2 Squad Anne	MONDAY	Nov-15	5.15 - 6 PM		
C2 Manuela	MONDAY	Nov-15	5.15 - 6 PM		
B Squad	MONDAY	Nov-15	6 - 7 PM	KATE BAMFORD	
A Junior	TUESDAY	Nov-16	5.30 - 6.30 PM	FINN CASEY	
A Squad	TUESDAY	Nov-16	6 - 7.20 PM	ANASTASIIA NIKISHKINA 6.30-7.20	
B Squad	WEDNESDAY	Nov-17	5 - 6 PM	STELLA KENNEDY	
A Squad	WEDNESDAY	Nov-17	6 - 7 PM	DAVID PAU	
A/Ajnr Squad	THURSDAY	Nov-18	5 - 7 AM	LUCIE O'KEEFFE	
C Squad	FRIDAY	Nov-19	6 - 7 PM	IGGY ZABLOCKI	
A Squad	FRIDAY	Nov-19	7 - 8 PM	JAMIE O'KEEFFE	
A Squad	SATURDAY	Nov-20	7 - 9 AM	GALA - NO SWIM	
			LT 9 - 10 AM	GALA - NO TRAINING	
A Junior	SATURDAY	Nov-20	7 - 8 AM	AOIFE LOWE	
			LT 8 - 9 AM		
B squad	SATURDAY	Nov-20	9 - 10 AM	AOIBHE LYNCH	
A Squad	SUNDAY	Nov-21	7.45 AM - 10 AM	GALA - NO SWIM	

Squad	Day		SWIM TIMES		Signature - Incident
A/Ajnr	MONDAY	Nov-22	5 - 6 AM	LUCIE O'KEEFFE	
C2 Helena/Manuela	MONDAY	Nov-22	3.45 - 4.30	ABBEY O'BRIEN	
C Squad	MONDAY	Nov-22	4.30 - 5.15 PM	JAMIE O'CALLAGHAN	
C2 Squad Sarah Jane	MONDAY	Nov-22	5.15 - 6 PM		
C1/2 Squad Anne	MONDAY	Nov-22	5.15 - 6 PM	HARRY JOHNSTON	
C2 Manuela	MONDAY	Nov-22	5.15 - 6 PM		
B Squad	MONDAY	Nov-22	6 - 7 PM	ETHAN MORAN	
A Junior	TUESDAY	Nov-23	5.30 - 6.30 PM	SARAH McQUAID	
A Squad	TUESDAY	Nov-23	6 - 7.20 PM	SEAN CHURCH 6.30 - 7.20 PM	
B Squad	WEDNESDAY	Nov-24	5 - 6 PM	GAVIN MURPHY	
A Squad	WEDNESDAY	Nov-24	6 - 7 PM	GRACE GILL	
A/Ajnr Squad	THURSDAY	Nov-25	5 - 7 AM	JAMIE O'KEEFFE	
C Squad	FRIDAY	Nov-26	6 - 7 PM	BRUCE HEALY	
A Squad	FRIDAY	Nov-26	7 - 8 PM	AVA JONES	
A Squad	SATURDAY	Nov-27	7 - 9 AM	SARAH KEANE	
			LT 9 - 10AM		
A Junior	SATURDAY	Nov-27	7 - 8 AM		
			LT 8 - 9 AM		
B squad	SATURDAY	Nov-27	9 - 10 AM	GEORDAN NEVILLE	
A Squad	SUNDAY	Nov-28	7.45 AM - 10 AM	JULEK LEWANDOWSKI	

Squad	Day		SWIM TIMES		Signature - Incident
A/Ajnr	MONDAY	Nov-29	5 - 6 AM	LUCIE O'KEEFFE	
C2 Helena/Manuela	MONDAY	Nov-29	3.45 - 4.30	ALAN O'FLAHERTY	
C Squad	MONDAY	Nov-29	4.30 - 5.15 PM	NIAMH KEEGAN	
C2 Squad Sarah Jane	MONDAY	Nov-29	5.15 - 6 PM		
C1/2 Squad Anne	MONDAY	Nov-29	5.15 - 6 PM	AARON LYONS	
C2 Manuela	MONDAY	Nov-29	5.15 - 6 PM		
B Squad	MONDAY	Nov-29	6 - 7 PM	ELLA O'BRENNAN	
A Junior	TUESDAY	Nov-30	5.30 - 6.30 PM	CIARA O 'CONNOR	
A Squad	TUESDAY	Nov-30	6 - 7.20 PM	RYAN MCCARTHY 6..30 - 7.20 PM	
B Squad	WEDNESDAY	Dec-01	5 - 6 PM	SARAH BRUEN	
A Squad	WEDNESDAY	Dec-01	6 - 7 PM	SOPHIE McDONNELL	
A/Ajnr Squad	THURSDAY	Dec-02	5 - 7 AM	JAMIE O'KEEFFE	
C Squad	FRIDAY	Dec-03	6 - 7 PM	ELLIOT SCANLAN	
A Squad	FRIDAY	Dec-03	7 - 8 PM	ALEX NEVILLE	
A Squad	SATURDAY	Dec-04	7 - 9 AM	JAMIE O'KEEFFE	
			LT 9 - 10 AM		
A Junior	SATURDAY	Dec-04	7 - 8 AM		
			LT 8 - 9 AM		
B squad	SATURDAY	Dec-04	9 - 10 AM	ADAM TANG	
A Squad	SUNDAY	Dec-05	7.45 AM - 10 AM	ANNA NIKISHKINA	

Squad	Day		SWIM TIMES		Signature - Incident
A/Ajnr	MONDAY	Dec-06	5 - 6 AM	JAMIE O'KEEFFE	
C2 Helena/Manuela	MONDAY	Dec-06	3.45 - 4.30	BETHANY STEWART	
C Squad	MONDAY	Dec-06	4.30 - 5.15 PM	EMRE KOKER	
C2 Squad Sarah Jane	MONDAY	Dec-06	5.15 - 6 PM		
C1/2 Squad Anne	MONDAY	Dec-06	5.15 - 6 PM	MATE BREZOVICH	
C2 Manuela	MONDAY	Dec-06	5.15 - 6 PM		
B Squad	MONDAY	Dec-06	6 - 7 PM	DANIEL LIU	
A Junior	TUESDAY	Dec-07	5.30 - 6.30 PM	CARA O'DONNELL	
A Squad	TUESDAY	Dec-07	6 - 7.20 PM	DAVID PAU 6.30 - 7.20 PM	
B Squad	WEDNESDAY	Dec-08	5 - 6 PM	EIMHIN MOODLEY	
A Squad	WEDNESDAY	Dec-08	6 - 7 PM	DAVIDE SCARINGELLA	
A/Ajnr Squad	THURSDAY	Dec-09	5 - 7 AM	LUCIE O'KEEFFE	
C Squad	FRIDAY	Dec-10	6 - 7 PM	ELLA MOLONEY	
A Squad	FRIDAY	Dec-10	7 - 8 PM	SEAN CHURCH	
A Squad	SATURDAY	Dec-11	7 - 9 AM	JACK LYONS	
			LT 9 - 10 AM		
A Junior	SATURDAY	Dec-11	7 - 8 AM	CILLIAN O'DWYER	
			LT 8 - 9 AM		
B squad	SATURDAY	Dec-11	9 - 10 AM	MALACHY ROSS	
A Squad	SUNDAY	Dec-12	7.45 AM - 10 AM	SEAN COPE	

