



# Portmarnock Swim Team

**SWIM  
IRELAND**

## The Code for Leaders

As a leader you have an opportunity to have a positive impact on the lives of young people involved in sport. You have volunteered your time and effort and you, and any other person working with you should abide by the Codes of Conduct.

### The Code of Conduct for Leaders:

#### You should

- Understand and ensure the welfare and well-being of young people is paramount
- Be qualified for your role and keep up-to date with knowledge and skills appropriate to your position
- Be familiar with Club, Region and Swim Ireland safeguarding policies and rules
- Ensure a safe and fun environment for young people you are responsible
- Be available for specified duties if and when required;
- Have an awareness of and respect leaders and other adults and their roles
- Abide by the Swim Ireland rules, Codes of Conduct and support the Sport Ireland Spirit of Sport
- Understand the complaints and disciplinary process; follow the proper procedure if you feel unjustly treated and that any complaint/disciplinary matter will be dealt with effectively and confidentially
- Promote that participation in sport for children and young people is fun, safe, fair and in the Spirit of Sport
- Abide by the procedures and policies with regard to the use of mobile phones, any type of camera and videoing equipment \*\*

#### Leaders must:

- Not expose a young person to criticism, hostility or sarcasm
- Not swear at, make fun of, shout unnecessarily or argue with a young person
- Be aware of a young person's sensitivity to body image
- Never use physical punishment or force
- Correct mistakes without using any form of punishment, exclusion or humiliation
- Never use banned substances or alcohol whilst responsible for or in the company of athletes
- Not engage in behaviour that is inappropriate e.g. bullying behaviour, rough physical games, sexually provocative games, never allow or engage in inappropriate physical contact of any kind or make sexually suggestive comments about or to a young person

#### As a leader your responsibilities are to:

- Act as a role model for young people by promoting a healthy lifestyle and encouraging a positive approach to sport



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- Maintain the highest standards of personal conduct and respectful behaviour in any activity related to the Club, Region or Swim Ireland
- Co-operate with the recommendations from medical and ancillary practitioners concerning the health and well-being of a young person.
- Act only within your qualifications and competence within your assigned role
- Keep any personal or medical information relating to a young person strictly confidential unless required to pass this on in the best interests of the young person
- Never apply undue influence or pressure on a young person for your own personal benefit or reward

**As a Swim Ireland leader, you should:**

- Be properly recruited and supported in your role
- Have access to and attend required training for your role

By signing below, you are committing to abide by the above. Any breach in this code of conduct will be dealt with appropriately and in accordance with the club, regional and Swim Ireland complaints and/or disciplinary process.

**Print Name** \_\_\_\_\_ **Club** \_\_\_\_\_

**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_